GREAT LAKES ORTHOPEDIC LABS, INC.

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2362 Genesee Street, Cheektowaga, NY 14225 Telephone. No. (716) 893-4116 219 Bryant Street, Buffalo, NY 14222 Telephone No. (716) 878-7307

INSTRUCTIONS FOR WEARING THE GUILFORD CERVICAL COLLAR

- 1. You should always have a T-shirt on while wearing the collar.
- 2. Lie on your side with a pillow supporting the back and neck areas.
- 3. There are two sections to the Guilford cervical collar. First apply the back section. Turn over so that you are lying on your back with your head supported. Apply the front section through the metal guides on the side of the back section. Hook up leather pieces on the side of the Guilford making sure the front and back pieces are snug.
- 4. Apply shoulder strap and chest straps. These should be snug. Sit upright and make sure that your head is in the proper position.
- 5. WASHING INSTRUCTIONS Wash the inside of the brace everyday with mild soap and water. Rinse and towel dry.
- 6. Wear the brace the number of hours per day as prescribed by the doctor. Also follow your doctor's orders with respect to activities allowed.
- 7. Call immediately for an appointment if there are any skin problems, discomfort or other fitting problems. If you need immediate assistance after regular office hours, please call 893-4116 and leave a message on the answering machine. Your call will be returned.

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Warranty: The components of this device, since it is a prefabricated device, carry an individual manufacturer's warrany. Great Lakes will honor warranties under applicable law. Most devices are warranted for 90 days, after which a service charge, based on an hourly rate and materials, can be applied. The warranty does not apply to anatomical changes of the patient, misuse and/or loss of the device or any alterations made by anyone other than Great Lakes.