

**GREAT LAKES ORTHOPEDIC LABS, INC.**

2362 Genesee Street, Cheektowaga, NY 14225

Telephone. No. (716) 893-4116

**GREAT LAKES ORTHOPEDIC LABS, INC.**

219 Bryant Street, Buffalo, NY 14222

Telephone No. (716) 878-7307

**DIRECTIONS FOR WEARING THE  
KNEE EXTENSION ORTHOSIS (KO)**

- 1) Always wear socks or thin pants under the brace for at all times for skin comfort.
- 2) In order to put on the orthosis, place the KO posterior to the knee and align the center of the mechanical joints to the knee cap and slide the orthosis around the calf and thigh.
- 3) Tighten the calf and thigh straps first to hold the orthosis in place.
- 4) Place the knee cap velcro straps around the metal bar and fasten snugly so the knee stays securely in the brace.
- 5) The ratchet lock on the KO (metal finish) should never be adjusted. If the orthosis becomes fully extended, the lock may be disengaged by pushing the ratchet up and to the right.
- 6) On initial wearing of the device, check after one hour for pressure spots. Gradually increase the wearing time and periodically check the skin for pressure spots. All red marks should disappear within twenty (20) minutes once the brace is off. If red marks persist for longer than twenty (20) minutes, call our office for an appointment to have the brace adjusted.
- 7) Wear the brace the number of hours per day as prescribed by the doctor.
- 8) Wash the brace when necessary with facial soap and water. Rinse and dry with a towel.
- 9) An appointment should be made every three to six months to have the device checked for growth and proper fit. Call either office for an appointment. If you need immediate assistance after regular office hours, please call 893-4116 and leave a message on the answering machine. Your call will be returned.
- 10) Caution: When not wearing the device, keep it away from your pets since they are attracted to the human scent and will chew and destroy it.

**Warranty:** The components of this device are warranted for 90 days, after which a service charge, based on an hourly rate and materials, can be applied. The warranty does not apply to anatomical changes of the patient, misuse and/or loss of the device or any alterations made by anyone other than Great Lakes.