

Directions For Knee Extension Attachment

Attached to the posterior aspect of each leg is a device to implement more extension for post operative treatment. In order to continue post surgical treatment, the device will need periodic adjustments. Please adhere to the following directions.

1. Adjust the turnbuckle on the posterior (back) of **each leg three times (3x) daily**.
2. For each adjustment, turn the device clockwise (following the arrows on device) **one** full revolution.
3. If extreme discomfort or pain occurs, skip one adjustment, and continue with the following adjustment at the appropriate interval.
4. Please document on the following page each adjustment or lack thereof and bring this document to the next follow up appointment.
5. At all times, please wear the abduction bar as directed by Robert Galpin, M.D.
6. If you are having any problems call 878-7307 for our office in Women & Children's Hospital or 893-4116 for our Cheektowaga office. If you need immediate assistance after regular office hours, please call 893-4116 and leave a message on the answering machine. Your call will be returned.



Warranty: Great Lakes will honor warranties under applicable law. Most devices are warranted for 90 days, after which a service charge, based on an hourly rate and materials, can be applied.

Day 1	AM Adjustment	
	Afternoon Adjustment	
	PM Adjustment	
Day 2	AM Adjustment	
	Afternoon Adjustment	
	PM Adjustment	
Day 3	AM Adjustment	
	Afternoon Adjustment	

	PM Adjustment	
Day 4	AM Adjustment	
	Afternoon Adjustment	
	PM Adjustment	
Day 5	AM Adjustment	
	Afternoon Adjustment	
	PM Adjustment	
Day 6	AM Adjustment	

	Afternoon Adjustment	
	PM Adjustment	
Day 7	AM Adjustment	
	Afternoon Adjustment	
	PM Adjustment	
Day 8	AM Adjustment	
	Afternoon Adjustment	
	PM Adjustment	