

GREAT LAKES ORTHOPEDIC LABS, INC.

2362 Genesee Street, Cheektowaga, NY 14225

Telephone. No. (716) 893-4116

GREAT LAKES ORTHOPEDIC LABS, INC.

219 Bryant Street, Buffalo, NY 14222

Telephone No. (716) 878-7307

TAKING CARE OF RESIDUAL LIMB

- 1) Wash your residual limb each night with mild soap/lukewarm water – rinsing thoroughly with clean water. Avoid soaking residual limb for longer period of time as this may soften the skin causing swelling.
- 2) At least once a day inspect skin for blisters or any skin irritation – you might have to use a mirror. Skin problems are common on the residual limb, such as rash, blisters and sores. Clean your residual limb, liner and socket. Take prosthesis off a few hours at the middle of the day to allow your skin to dry. If any skin irritations last a few days, call your physician.
- 3) Prosthesis Fit - Learn to adjust volume changes, remember socket does not change. Many people wear socks with their prosthesis; socks allow for small volume changes in limb size and add to comfort of prosthesis. Your socket should always fit snugly. Lasting redness on limb residual, the socket may be too big (weight loss) or too small (weight gain, water retention).
- 5) You should wear a study shoe with a broad base like tennis /running or walking shoe. Heel height affects alignment. You might need heel wedge with different heel heights.
- 6) Call immediately for an appointment if there are any skin problems or other fitting problems. If you need immediate assistance after regular office hours, please call 893-4116 and leave a message on the answering machine. Your call will be returned. Your prosthesis requires regular maintenance, like a car. You should visit to have prosthesis checked at least twice a year.
- 7) Caution: When not wearing the device, keep it away from your pets since they are attracted to the human scent and will chew and destroy it.

DONNING THE PROSTHESIS

- 1) Don the appropriate number of socks without wrinkles.
- 2) If you have an insert remove prosthesis and pull it over the socks “watch for wrinkles”.
- 3) Flex knee and push into socket making sure residual limb is not rotated.
- 4) Make sure suspension strap is attached.

Warranty: The components of this device are warranted for 90 days, after which a service charge, based on an hourly rate and materials, can be applied. The warranty does not apply to anatomical changes of the patient, misuse and/or loss of the device or any alterations made by anyone other than Great Lakes.