

GREAT LAKES ORTHOPEDIC LABS, INC.
2362 Genesee Street, Cheektowaga, NY 14225
Telephone No. (716) 893-4116

GREAT LAKES ORTHOPEDIC LABS, INC.
219 Bryant Street, Buffalo, NY 14222
Telephone No. (716) 878-7307

DIRECTIONS FOR WEARING THE TWO PIECE TLSO

1. Always wear a clean T-shirt under the brace; it should be long enough to extend below the bottom of the brace. The T-shirt should be slim fitting, not baggy. Loose fitting shirts worn under the brace can cause skin problems. Dyed or colored T-shirts are not recommended. Your underwear (panties, boxers, etc.) can be worn over our brace (or under if preferred). Blouses, shirts, dresses, and pants should be worn over the brace; not under the brace.
2. Lie on back with hips flexed slightly.
3. Raise your arm above you. Roll toward raised arm onto your side.
4. Identify top and bottom of the brace. Place back section behind your back.
5. Roll onto your back and recheck alignment.
6. Place front section on. Make sure straps and loops are across from each other.
7. Fasten middle straps first—pull both sides evenly. Tighten top or bottom straps next in the same manner. Tighten all straps once again as needed.
8. Following use, remove your brace and inspect your skin. There may be some skin redness from pressure areas. Redness should not persist for more than 20 minutes after removal. Redness that does not disappear can be a sign of excess pressure. Call immediately for an appointment if there are any skin problems, discomfort or other fitting problems. If you need immediate assistance after regular office hours, please call 893-4116 and leave a message on the answering machine. Your call will be returned.
9. **WASHING INSTRUCTIONS** - Wash the inside of the brace everyday with mild soap and water. Rinse and towel dry.
10. Wear the brace the number of hours per day as prescribed by the doctor. Also follow doctor's orders with respect to activities allowed.
11. **Caution:** When not wearing the device, keep it away from your pets since they are attracted to the human scent and will chew and destroy it.

Warranty: The components of this device are warranted for 90 days, after which a service charge, based on an hourly rate and materials, can be applied. The warranty does not apply to anatomical changes of the patient, misuse and/or loss of the device or any alterations made by anyone other than Great Lakes.